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Full Circle Moments

For Patricia, a patient at The CARE Clinic for the past two years, the journey to better health has been transformative. Diagnosed with diabetes, she felt overwhelmed and unsure of how to manage her condition. However, everything changed when she began receiving care at The CARE Clinic's Diabetes Clinic.

Patricia recalls her first visit, where she was met with compassion and understanding. "From day one, the staff made me feel like I mattered," she shares. "They listened to my concerns and helped me understand my condition in a way that made sense to me." With personalized treatment plans and regular check-ups, Patricia found the guidance she needed to take charge of her health.

Over time, her health has improved tremendously. "I've learned how to monitor my blood sugar levels and make healthier food choices," she explains. "The support from the team has been invaluable. They've encouraged me not just to manage my diabetes but to truly care about my overall health."

Patricia's perspective on self-care has shifted significantly. "If The CARE Clinic can care this much about my health, then I should be doing the same for myself," she says, her voice filled with determination. This newfound commitment has not only improved her physical health but also her mental and emotional well-being.

Inspired by the support she has received, Patricia hopes to give back to her community one day. "I want to volunteer at The CARE Clinic," she states with enthusiasm. "I've seen firsthand how they change lives, and I want to be part of that. I want to help others who might be feeling lost like I once was."

Patricia's journey is a testament to the power of compassionate care and the impact it can have on an individual's life. With the support of The CARE Clinic, she is not just managing her diabetes; she is thriving—and looking forward to a future where she can help others achieve the same.

Her story serves as a reminder of the importance of community and the difference one person can make. Patricia is living proof that with the right support, anyone can take control of their health and inspire others along the way.

Welcome New Staff!



We are excited to introduce **Tika Mitchell**, who joined The CARE Clinic team in July 2024 as our Certified Pharmacy Technician! With five years of experience in the field, Tika brings a wealth of knowledge and expertise to our clinic. In addition to her role here, she also works at Walmart Pharmacy, further enhancing her skills and experience.

Currently, Tika is pursuing a degree in Health Information Technology at Pitt Community College, demonstrating her commitment to advancing her career in healthcare. At 32 years old, she is happily married to her beautiful wife, Devin, and together they share their lives with two beloved dogs, Jax and Chi Chi.

In her free time, Tika enjoys cooking, trying new foods, and cheering on her favorite basketball teams. When asked about her work at The CARE Clinic, Tika expressed, "I love working for The CARE Clinic because I love that it's a place for those in need."

Please join us in welcoming Tika to our team! We are thrilled to have her on board and look forward to the positive impact she will make in our community.

We are thrilled to introduce **Christy Baxley**, who joined The CARE Clinic as our Clinical Director in July 2024. A dedicated Registered Nurse, Christy earned her nursing degree from Sampson Community College in 2001. She also has a background in Veterinary Technology, having studied for two years at Central Carolina in 1989. She served as Veterinary Tech for 11 years at various local animal hospitals.

With two years of experience in Otolaryngology and an impressive 22 years in long-term care and rehabilitation, Christy brings a wealth of knowledge and expertise to our clinic. She is also certified in wound care.

Born in Germany while her father served in the military, Christy moved to the United States at the age of six. She grew up on Fort Bragg and has called the Fayetteville area home for a long time. Christy has a deep love for animals, particularly dogs and horses, and enjoys spending her free time at the beach and cherishing moments with her grandchildren.

Please join us in welcoming Christy to The CARE Clinic team! We are excited to have her leadership and passion for patient care as we continue to serve our community.



24th Annual Toast of the Town Wine Tasting & Silent Auction

On September 20, 2024, The CARE Clinic held its 24th Annual Toast of the Town Wine Tasting and Silent Auction at the breathtaking Cape Fear Botanical Gardens. The event was a resounding success, raising over \$22,500 to support our vital healthcare and dental services for the community.

Guests arrived to a stunning setting, surrounded by the beauty of the gardens as the sun set. The evening was filled with laughter, camaraderie, and the delightful clinking of glasses as attendees savored a carefully curated selection of wines. Each sip was complemented by delicious hors d'oeuvres by Chef Matt Register of South Catering located in Garland, NC that added to the festive atmosphere.

The VIP Wine and Food Pairing Experience, led by Angie Malave, former owner of The Wine Café, was a delightful and intimate prelude to the main Toast of the Town event. Held in honor of longtime CARE Clinic volunteer Rachel Violette, this special event took place 30 minutes before the larger gathering, offering an exclusive opportunity for participants to indulge in expertly curated wine and food pairings.

Angie guided guests through a tasting journey, pairing a selection of specialty wines with an array of gourmet food options. Her deep knowledge and passion for wine created an enriching experience that celebrated both the art of pairing and the dedication of Rachel Violette to The CARE Clinic. The evening set a warm, celebratory tone before the main

event, highlighting the connection between food, wine, and community service.

The silent auction showcased an incredible array of items generously donated by local businesses and supporters. From luxurious getaways to unique art pieces, the auction was a hub of excitement, with guests enthusiastically bidding to support a great cause.

Many thanks to Five Star Entertainment, music filled the air, inspiring many to dance and celebrate not just the event, but the community spirit that makes The CARE Clinic so special. The energy of the night was palpable, as friends old and new came together for a common purpose: to raise funds for those in need.

A heartfelt thank you goes out to all of our sponsors whose generosity made this event possible. Your support is instrumental in helping us provide essential healthcare and dental services, and we are incredibly grateful for your commitment to our mission.

As we reflect on this memorable evening, we are filled with gratitude for our wonderful community. Together, we are making a significant impact in the lives of those we serve. We look forward to seeing you at next year's Toast of the Town, where we can once again come together to celebrate and support The CARE Clinic!



Upcoming Events Mark Your Calendars!

November 25th - December 4th - Giving Tuesday

February 1st - 8th - Week of CARE Dinners

To learn more about these events, please visit our Instagram page @the_care_clinic or our Facebook page @The CARE Clinic. You can also visit our website at www.thecareclinic.org or give us a call at (910) 485-0555.

24th Annual Toast of the Town Sponsors

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Little River Pecan Farm

Cocktail Sponsors

Edwards Jones – Debbie Best
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Thank You!



Honorariums April 1, 2024 – June 30, 2024

Honor of

Sister Jean Rhoads
Gen. Joe Nagel
Dr. Kate Kelly Rigsbee & Donald Rigsbee
Sister Jean Rhoads
Patti & Bill Pollitt

Given By

Dr. George A. Binder
Mrs. Elaine B. Hayes
Mrs. Elfriede G Hobson
Ms. M. Catherine Ory
Ms. M. Catherine Ory

Memorial Contributions

July, 1 2024 – September 30, 2024

In Memory of

Fr. Jack Kelly
Gary B. Garison, M.D.
Fr. "Jack" Kelly
Dr. Henry Izurieta
Mary Ann Bisette
Cory Paul Wright
Nancy Napier Hill
Dwight Miller
Shirley V. Malzone
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Rev. John Robert Kelly
Albert & Magdeline Strepay
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Dorothy, John Sr., Walter,
Charles Wynn

Given By

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Ms. Lisë Ortenberg Glazier
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Ms. Rose Mary Semenza
Mr. Gerald B. Strepay
Ms. Elaine Walker
Mrs. Gloria Williams
Mrs. Barbara A. Wilson
Ms. Wanda F. Wynn

Thank you to our Donors of CARE

Contributions received from **July1 - Sept. 30, 2024**. Donors are reported on a cumulative basis since the formation of The CARE Clinic. This more accurately reflects the generosity of our Samaritans. The CARE Clinic appreciates your notification of misprints or omissions and apologizes for any error.

Samaritan of Compassion **(\$1-\$249)**

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Ms. Vivian Gilles
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Ms. Cheri Siler-Mack
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Samaritan of Referral **(\$500-\$749)**

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Samaritan of Charity **(\$10,000 - \$19,999)**

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Ms. M. Catherine Ory
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Strickland Bridge Church of God
Walter H. Cooper Memorial Fund

Samaritan of Care **(\$20,000-\$49,999)**

Friends of The CARE Clinic
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Good Shepherd Catholic Church
Kiwanis Club of Cape Fear
LTC (Ret) Debbie Milburn
St. George's Anglican Church
Dr. Kelly M. VanFossen
Mr. & Mrs. G. Eddie Waren
Mrs. Edith M. Wood

Samaritan of Stewardship **(\$50,000-\$99,999)**

Barbara D. and Woodrow P Bass
Designated Endowment

Samaritan of Treasure **(\$100,000-\$249,999)**

CARE Endowment
First Presbyterian Church
Snyder Memorial Baptist Church
St Elizabeth Ann Seton Catholic Church

Samaritan of Legacy **(\$250,000+)**

NC Office of Rural Health and

Community Care
North Carolina Assn of Free & Charitable
Clinics
CARE Patients

Samaritans of Discipleship **(In-kind Donations)**

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Ann's Flower Shop
Anstead's Tobacco Company
Battle House Tactical Laser Tag
Beauty & Grace Med Spa
Bee's & Boards Restaurant
Bonefish Grill
Cape Fear Regional Theatre
Cape Fear Studios
Cacille Glasgow-LeBatard
Cape Fear Winery & Distillery
Carolina Hurricanes
Chapman-Wilson
Chick-fil-a of Lumberton
Chris' Steakhouse
Crown Complex
Day Spa Rejuvenation Center
Duke University Athletics
Escapology!
Eye Envy Lash & Brows
Elder Petina Johnson
Fayetteville Symphony
Fit4Life Health Clubs
Gracie's Apparel & Gifts
Grace McGrath
Kayla Renee Cakes
Kriss Ward Photography
Luigi's Italian Chophouse & Bar
Main Event
Millstone 14
Mosquito Authority Sales Team
PepBoys
Privei Men's Clothing
Raeford Coffee Co.
Roland's Dance Studio
Stacy Jackson-Head to Toe Salon
The Cave Halotherapy & Spa
The Livery Cigar Emporium
The Luna Tree, LLC
UNC Pembroke Givens Performing
Arts Center
U.S. National Whitewater Center
Vann Fine Art Portraits
Woof Gang Bakery & Grooming
Zip Quest



Patient Reviews

1. "So far, I haven't had any problems, been seen by a wonderful staff. Keep doing what God has given you to help His children to be healthy. Thank you CARE Clinic Staff."
2. "I really appreciate the doctors for taking it easy on me... They were so polite and generous.... I have nothing bad to say... They made me feel so comfortable.... I really appreciate that...."
3. "Very friendly, respectful and professional Staff. You feel that they really care. The clinic is clean and they see you right away. My mother in law was denied for Medicaid, she is 64, has high blood pressure and high cholesterol. Unfortunately, we couldn't afford any other insurance at the moment. The health department offered us an appointment 6 months from the date I called!!! The CARE Clinic was the light at the end of the tunnel and their kindness and professionalism make me give them five stars. They provide quality health care for all. Thank you so much!"



If you would like to start receiving our quarterly newsletter over email rather than physical mail, scan the QR code or visit <https://lp.constantcontactpages.com/su/wTB6eEU/thesamaritan>

THE CARE CLINIC

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email: care@thecareclinic.org
web page: www.thecareclinic.org

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Help Us Cut Costs

From our newsletters to our event invitations, we send out A LOT of mail. We are trying to cut costs by eliminating unnecessary mailings and excessive volumes of returned mail. Please help us update our database and mailing lists. If you receive more than one of mailing or have had a change of address in the last year, please contact Kaleigh Mason at (910) 485-0555 or email her at admin@thecareclinic.org. You can also contact her if you are interested in receiving this newsletter digitally. This will help us keep our network up-to-date with the clinic, while also reducing unnecessary expenditures.

Clinic Wish List

VOLUNTEERS NEEDED:

Pharmacists
Pharmacy Techs
Physicians
Physician Assistants
Nurse Practitioners
Nurses
Nutritionists
Physical Therapists
**Dental Assistants
Chiropractors
**Social Workers
**Receptionists
**Committee Members

ITEMS NEEDED:

Postage Stamps
30-Gallon Trash Bags
Gallon Ziplock Bags
Canned Soft Drinks
White Laser Labels 1" X 2 5/8" (30 on page)
Copy Paper
Non-latex Gloves (All Sizes)
Coffee & Creamer
Sugar Canisters

Food Lion Gift Cards
Harris Teeter Gift Cards
Wal-Mart Gift Cards
K-Cup Coffee Pods
Toilet Paper
Freestyle Brand Lancets
General #12 Paper Bags
Band-Aids

Please call 485-0555 before bringing items to The CARE Clinic

July 1 - September 30, 2024 Statistics

Primary Care Visits232
Dental Extractions.....101
Prescriptions.916
Lab Tests184
*Nutrition Visits5
*Diabetic Visits13
*Specialist Visits26
*Not included in Primary Care Visits
Total Encounters..... 1,477

FY 2023-2024 Statistics

Primary Care Visits 1,062
Dental Extractions.....696
Prescriptions. 4,733
Lab Tests540
*Nutrition Visits35
*Diabetic Visits139
*Specialist Visits121
*Not included in Primary Care Visits
Total Encounters..... 7,326

UPCOMING EVENTS! SEE INSIDE FOR MORE DETAILS!