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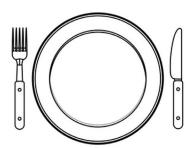
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A Remarkable Success: The 28th Annual Week of CARE Dinners Raises \$67,670!



The 28th Annual Week of CARE Dinners, held from February 1st to February 8th, was an outstanding success, made possible by the unwavering generosity of our community. This cherished tradition continues to serve as a vital fundraising effort for The CARE Clinic, ensuring that uninsured, low-income individuals receive the healthcare they need.

This year, we partnered with three beloved local establishments—Luigi's Italian Chophouse, Dorothy's Catering, and Coffee Scene—who graciously provided the meals while supporting this incredible cause. Thanks to the collective efforts of our generous donors, dedicated restaurants, and supportive attendees, we raised an astounding \$67,670 to further our mission.

The overwhelming support shown during the Week of CARE Dinners highlights the true power of community involvement in addressing critical healthcare needs. Every meal enjoyed, every donation given, and every act of kindness shared directly contributes to sustaining and expanding The CARE Clinic's lifechanging services.

On behalf of our clinic and the individuals we serve, we extend our deepest gratitude to everyone who helped make this year's event such a success. Your compassion and generosity embody the heart of our mission and ensure that our uninsured neighbors receive the care they deserve.

Thank you for your continued support and dedication to making a difference!

Thank you to the Week of CARE Dinners Sponsors

Haute Cuisine Sponsorship \$5,000

Edith Wood Foundation

Martha and Clyde Wood Family Fund

Nouvelle Cuisine Sponsorship \$2,5000

C & S Commercial Properties

-Carolyn R. Armstrong

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Cosmopolitan Cuisine Sponsorship \$1,000

Caroline Harsant Whitley Memorial Endowment

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Provincial Cuisine Sponsorship \$500

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First Citizens Bank - Tim Richardson

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Southeastern Dental Specialists

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Fusion Cuisine Sponsorships \$250

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The Pilgrim Gift Shop

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We Need YOU!

At The CARE Clinic, we are always looking for passionate individuals to help us continue our mission of providing quality care to those in need. We are currently seeking new members for our committees, and we would love for you to get involved!

Our committees play a crucial role in organizing events, building relationships, and supporting our clinic's work. We are looking for members to join the following committees:

- Week of CARE Committee
- Development Committee
- Congregations of CARE Committee
- Golf Committee
- Community Relations/Volunteer Committee
- Toast of the Town Committee

By becoming a committee member, you will have the opportunity to make a real impact on the clinic and the community we serve. Whether you have a passion for fundraising, event planning, or volunteer coordination, there's a committee that could benefit from your skills and ideas.

If you're interested in joining or learning more about any of these committees, please reach out to our Development & Marketing Director, Aiyana at development@thecareclinic.org or (910) 485-0555. Together, we can make a difference!



The CARE Clinic's Annual Golf Charity Is BACK!!

Get ready to swing for a cause at The CARE Clinic's 29th Annual Golf Charity, taking place on Friday, June 27, 2025, at Gates Four Country Club. The day will kick off with a shotgun start at 9:30 AM, setting the tone for an unforgettable day of golf, laughter, and community spirit.



This prestigious event isn't just about the game—it's about making a lasting impact. Every dollar raised will go directly to The CARE Clinic, helping provide free healthcare services and dental extractions to adults in our community who are uninsured and struggling to access the care they deserve. Your participation will ensure that these vital services continue to be available for those who need them most.

Whether you're a seasoned golfer or just in it for the fun, your presence at this charity event will make a real difference in the lives of those who rely on The CARE Clinic's compassionate care. Enjoy the beauty of Gates Four's lush greens, connect with like-minded individuals, and make an impact that goes beyond the course. Together, we can continue to provide essential healthcare services for those in need, while having an incredible time out on the course.

We have sponsorships available! If you are interested in becoming a sponsor or getting a team together to play, contact Aiyana at development@thecareclinic. org or (910) 485-0555. You can also purchase a sponsorship or make a donation online at: https://onecau.se/_8fm6a1

Help Us Cut Costs

From our newsletters to our event invitations, we send out A LOT of mail. We are trying to cut costs by eliminating unnecessary mailings and excessive volumes of returned mail. Please help us update our database and mailing lists. If you receive more than one of mailing or have had a change of address in the last year, please contact us at (910) 485-0555 or send an email to admin@thecareclinic.org. You can also contact us if you are interested in receiving this newsletter digitally. This will help us keep our network up-to-date with the clinic, while also reducing unnecessary expenditures.



April 30, 2025 - Volunteer Appreciation

June 27, 2025 – 29th Annual Golf Charity

September 18, 2025 – 25th Toast of the Town Wine & Beer Tasting

Novemver 24 - December 2, 2025 – Giving Tuesday

February 7 - 14, 2026 - Annual Week of CARE Dinners

To learn more about these events, please visit our Instagram page @the_care_clinic or our Facebook page @ The CARE Clinic. You can also visit our website at www.thecareclinic.org or give us a call at (910) 485-0555.

For Womack, CARE Extends Beyond Medical Center



FORT BRAGG, NC - It is 3:30pm on a Tuesday and patients sign their name onto the roster at the CARE clinic of Cumberland County. Meanwhile, Womack doctor Cpt. Matthew Adair checks in from the other side of the clinic to look over vital records before calling patients in to be seen.

The CARE Clinic, a nonprofit organization established more than 30-years ago in Fayetteville, provides a haven for medical care to those who normally could not afford it. Funding is provided entirely by the generosity of donors, grants from foundations and annual fund-raising events to provide health services at no charge.

The facility hosts doctors, dentists, nurses, pharmacists, dental assistants, and pharmacy techs who volunteer not out of obligation but out of a love and

commitment to their profession. Womack Army Medical Center has long been included in the list of providers who bring their expertise to the table.

"This experience provides a sense of community and compassion for those from all walks of life," said Lt. Col. Adriane Bell. Bell is Womack's Program Director for the Residency. "It also exposes volunteer medical care providers to the challenges of caring for patients who may not return for follow-up or those who may not be able to see a specialist."

Dr. David Kersbergen, Womack's faculty coordinator for the volunteers points out that the clinic benefits the providers as well as the patients. "It's an opportunity for them to get to know their local community a little bit better. To appreciate what we have in our community versus other communities," he said. "But it's also it's an opportunity, in my opinion, for them to get to practice pure medicine and minimalist medicine because they're practicing the very limited formulary with limited access to historical records."

The mission is to provide free, quality healthcare to the low-income, uninsured adults of Cumberland and bordering counties. The clinic operates primarily on the aid of volunteers and aims to connect with the Fayetteville community through business partnerships, volunteer opportunities, and committee involvements.

"There are patients here that due to their difficulty with access to care, they come in with conditions that are more serious or ones that are perhaps not as well followed up on," said Cpt. Adair. "I have had some patients come in here pretty sick, sometimes needing procedures that should have been done a while ago, things that have festered."

Adair adds that he can see some patients that need things done that normally he would not have the time to do in clinic. "The time that we have here with our patients is our own, we're not quite on the clock as much. And so, it means that we can kind of provide well rounded care to people that we don't know if they are going to be able to come back for their next appointment."

"Our doctors are exposed to chronic conditions such as hypertension, diabetes, hyperlipidemia, secondary cardiac prevention, obesity as well as acute conditions upper respiratory infections, rashes, musculoskeletal complaints," added Bell. "They also gain exposure working with other medical and dental residents in the Fayetteville community."

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For more info about the CARE clinic and its services, https://www.thecareclinic.org. For more about WAMC, https://womack.tricare.mil

Record-Breaking Giving Tuesday Campaign Raises \$2.88 Million for Local Charities



The Cumberland Community Foundation's 2024 Giving Tuesday campaign was a tremendous success, raising an incredible \$2.88 million for 78 local charities over ten days! This marks a 14% increase over last year, with donations growing by \$354,172.46.

A total of 1,462 generous donors contributed 3,638 gifts, demonstrating the power of community support. Among the many beneficiaries, The CARE Clinic received \$80,785 from 119 amazing donors, ensuring continued access to vital healthcare services for those in need.

A heartfelt thank you to everyone who gave so generously—your support is making a real difference in our community!

Honorariums Jan. 1, - March 31, 2025



Honor of

Lisa DeCandia Mr. & Mrs. Ralph Huff Given By

First Presbyterian Church Ms. Ann C. Highsmith

Memorial Contributions

Jan. 1, - March 31, 2025

In Memory of

Given By

Mrs. Teen Thompson Ms. Peggy A. Allen

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Charles Wynn

Welcome New Staff!



The CARE Clinic is excited to introduce one of our newest team members, **Nicole Ryan**, who joined us in January 2025 as our Administrative Assistant. Nicole Ryan is the new Administrative Assistant at The CARE Clinic. She grew up in the Hudson Valley in New York, where she graduated from Mount Saint Mary College earning her Bachelor's Degree in Marketing while also playing on the soccer team. She eventually used that game knowledge to coach Girls Varsity Soccer for 5 seasons.

In 2008 she started getting involved with the American Foundation for Suicide Prevention's Out of the Darkness Overnight Walks. To date she has raised over \$50,000 for the AFSP. Nicole has also run the TCS NYC Marathon 3 times with charity entries raising a total of \$10,000 for the AFSP, To Write Love on Her Arms (TWLOHA), and the Sesame Workshop.

TWLOHA is a non-profit movement dedicated to presenting hope and finding help for people struggling with depression, addiction, self-injury, and suicide. Nicole started following this movement early on in 2008 and came full circle in 2023 when she not only earned a remote donor development internship with them (and then was kept on as a contracted development assistant), but also ran the NYC Marathon for Team TWLOHA. "I took a step out of my comfort zone and it not only earned me valuable knowledge and skills, but also the chance to help others that are struggling in ways that I once did. I also got to work our booth at music festivals and witnessed just how impactful TWLOHA is after all of these years. We've reminded countless people that this world needs them, and that they are not a burden."

Nicole is excited to bring her professional and personal experience to her new role. "The Clinic helps so many people within our community, and I am grateful to play a role in what goes on behind the scenes to make it all possible." Nicole moved to

Fayetteville when her partner, Michelle was offered a new role in minor league baseball. They are entering their third year here and have a senior dog, as well as a cat that was rescued at the baseball stadium. In her spare time, she enjoys checking out new restaurants and breweries, running new races, and rollerblading.



The CARE Clinic is excited to introduce one of our newest team members, **Cassandra Smith**, who joined us in November 2024 as a Pharmacy Technician.

Cassandra is a Fayetteville native and a proud graduate of Fayetteville State University. She brings a wealth of knowledge and passion to our team, ensuring that our patients receive the best care possible.

Beyond her professional expertise, Cassandra is a dedicated mother of three wonderful adult children and a loving grandmother to three beautiful granddaughters. In her free time, she enjoys spending time with family, reading, and shopping—especially thrifting for hidden treasures!

Please join us in welcoming Cassandra to The CARE Clinic family! We are thrilled to have her on board and look forward to the positive impact she will make in our community.



If you would like to start receiving our quarterly newsletter over email rather than physical mail, scan the QR code or visit https://lp.constantcontactpages.com/su/wTB6eEU/thesamaritan

Thank you to our Donors of CARE

Contributions received from Jan. 1 - March 31, 2025. Donors are reported on a cumulative basis since the formation of The CARE Clinic. This more accurately reflects the generosity of our Samaritans. The CARE Clinic appreciates your notification of misprints or omissions and apologizes for any error.

Samaritans of Discipleship (In-kind Donations)

Antex Exterminating Berean Baptist Church Carolina Imaging Copiers Plus, Inc. Fayetteville Public Works Commission First Baptist Church, Anderson St First Church Fayetteville First Presbyterian Church Women Hay Street United Methodist Church Henry Schein, Inc. Highsmith- Rainey Specialty Hospital Holy Trinity Episcopal Church International Self-Storage Kingdom Impact Global Ministries LabCorp Snyder Memorial Baptist Church St. Ann's Catholic Church St. Patrick Catholic Church "Samaritans"

Samaritan of Compassion (\$1-\$249)

Village Presbyterian Church

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Village Baptist Church

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Cape Fear Valley Health System

Samaritan of Treasure (\$100,000-\$249,999)

First Presbyterian Church Snyder Memorial Baptist Church St Elizabeth Ann Seton Catholic Church

Samaritan of Legacy (\$250,000+)

NC Office of Rural Health and Community Care **CARE Patients**



THE CARE CLINIC

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239 Robeson St PO Box 53438

Fayetteville, NC 28305-3438 (910) 485-0555/(910) 485-0111 Fax

email: care@thecareclinic.org web page: www.thecareclinic.org

Non-profit Org. U.S. Postage

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Fayetteville, NC Permit No. 456

Clinic Wish List

VOLUNTEERS NEEDED:

Pharmacists
Pharmacy Techs
Physicians
Physician Assistants

Physician Assistants Nurse Practitioners

Nurses Nutritionists Physical Therapists **Dental Assistants Chiropractors **Social Workers Receptionists

**Committee Members

ITEMS NEEDED:

Postage Stamps **Granulated Sugar Canisters** 30-Gallon Trash Bags Gift Cards (Visa, Walmart, Disinfectant Wipes Harris Teeter, Office Depot, Disinfectant Spray etc.) Gallon Ziplock Bags K-Cup Coffee Pods Canned Soft Drinks Toilet Paper White Laser Labels 1" X 2 5/8" (30 on page) Freestyle Brand Lancets Copy Paper General #12 Paper Bags

Non-latex Gloves (All Sizes)

Coffee & Creamer

Please call 485-0555 before bringing items to The CARE Clinic

Band-Aids

January 1 – March 31, 2025 Statistics

Primary Care Visits	227
Dental Extractions	
Prescriptions	
Lab Tests	
*Nutrition Visits	6
*Diabetic Visits	24
*Specialist Visits	13
*Not included in Primary Care Visits	
Total Encounters	1,250

UPCOMING EVENTS! SEE INSIDE FOR MORE DETAILS!