

# The Samaritan

THE CARE CLINIC FAMILY

4th Quarter 2010

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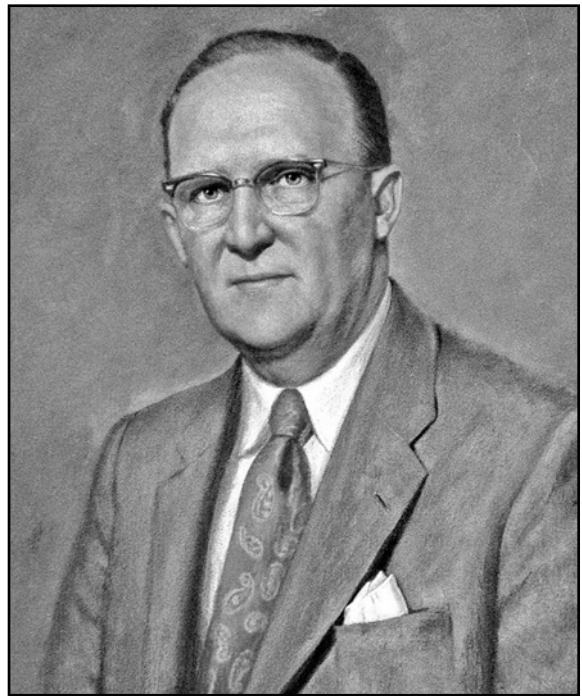
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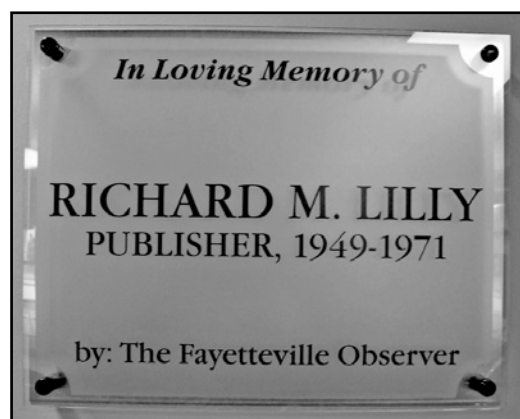
## *A Memorial Tribute*

The Fayetteville Observer's Board of Directors has generously chosen to sponsor The CARE Clinic's Patient Waiting Room in memory of the newspaper's late publisher, Richard M. Lilly. Mr. Lilly was a Fayetteville native and Wake Forest College graduate who practiced law before joining the newspaper. He served as publisher of The Fayetteville Observer from 1949 until his death in 1971.

The Observer is the largest independent newspaper in North Carolina and one of the largest family-owned papers in the country. The Board specifically requested their sponsorship,



which will be paid over two years, be applied towards retirement of our building construction debt. We are pleased to honor this request as their generous gift will make a tremendous difference in how much interest we pay and how quickly we will be able to retire this debt.



We appreciate all The Fayetteville Observer has done to support our mission since 1995. We are especially honored the Observer's Board of Directors authorized sponsoring our Patient Waiting Room in memory of Mr. Lilly.

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# *Testimonials from our Patients*

“My daughter told me about you and I always have a very good experience coming here. Thank goodness for the service you all give to me. If it was not for The CARE Clinic, I could not get the medicine needed to keep me alive. Thanks!”



“This was the first time I used the services of the clinic. When one considers the plight of any American who has limited or no access to a physician, it is scary. I feel a deep sense of appreciation for the things that took place behind the scenes for this clinic in this town. So far, my needs have been met. The staff and volunteers have been patient, efficient, effective, reassuring and kind. I feel respected and they treat the clients with dignity.”



“The staff is very pleasant. They have helped me a lot. Everyone is very professional. If this clinic weren't here, I probably would not have ever gotten care.”



“I heard about the clinic from a friend. I would be in a lot of trouble if The CARE Clinic were not here, since I don't have any insurance. I appreciate so very much each and every volunteer and I am so thankful to God for The CARE Clinic.”



“A friend of mine told me about the clinic. I appreciate this clinic being open for people who qualify and who don't have any insurance. Thanks so much for caring for us.”



“I heard about The CARE Clinic from a staff member of the Department of Social Services. I don't know where I would go if the clinic weren't here. I have never had any problems at The CARE Clinic. I am so appreciative of the care given and the compassion of the staff and all of the volunteers. I thank God for you all being here.”



“I heard about The CARE Clinic from The Fayetteville Observer newspaper. I have no medical or dental insurance and I would be in trouble because this is the only place I can go. The staff and volunteers are courteous and awesome. Thanks! The CARE Clinic is a life saver, because all of my medical and pharmacy needs are met. I am so grateful that someone came up with this clinic to meet the needs of the people who have no health care.”



“I drove by the clinic one day and stopped in to get more information. If The CARE Clinic were not here, I would wait until there were no choice, and then I would go to the hospital emergency room. I was despondent about my declining health until I received an appointment at The CARE Clinic. They gave me the encouragement to keep fighting.”



“My friend told me to come to The CARE Clinic for help. If they weren't here, I wouldn't have anywhere to go. Overall, the clinic has been a true blessing to me. From the receptionist to the pharmacist, they are well-mannered and respectful.”



“A doctor told me to call The CARE Clinic. If they were not here, I would go to the Health Department. The clinic is a blessing for the low income or unemployed people, who do not have Medicaid or Medicare and cannot afford to see a private doctor, yet have the same rights to receive care in a professional manner.”



“I found out about The CARE Clinic from a doctor, since I didn't have anywhere else to get the care I needed. This is a great clinic! Thank you for all you do.”



# SISTER JEAN BOARD ROOM

Friends and loyal supporters of The CARE Clinic have established a fund to name The CARE Clinic's Board Room in honor of Sister Jean Rhoads to recognize her invaluable leadership in developing The CARE Clinic. At the request of Catholic Social Ministries, the Daughters of Charity sent Sister Jean to Fayetteville as a volunteer in September 1992 to establish a free health clinic. Over the course of the next year Sister Jean worked diligently with a steering committee to develop the clinic from scratch. Incredibly, The CARE Clinic opened its doors for service to uninsured, low income residents of Cumberland County on November

16, 1993. Sister Jean Rhoads continued to serve as the first Executive Director of The CARE Clinic until 1998.

The Named Gift Opportunity for the Board Room is \$50,000. Currently, \$14,080 has been raised. If you would like to contribute towards naming the Board Room in honor of Sister Jean Rhoads, please contact the clinic at 485-0555 or [projects@nc.rr.com](mailto:projects@nc.rr.com). You may also download a donation form at [www.thecareclinic.org/documents/SrJeanBoardRmDonationForm.pdf](http://www.thecareclinic.org/documents/SrJeanBoardRmDonationForm.pdf). Thank you for your consideration. Donors to date are listed below.

ROBERT B. ARNOLD	MARY HERRING	CAROLYN OWENS	JAMES V. TOWNSEND
DR. GEORGE BINDER	REV. JOHN R. KELLY	PEACE PRESBYTERIAN CHURCH	OPAL TOWNSEND UNDERWOOD
CARRIE CARROLL	MR. & MRS. JIM KERCHMAR	HELGA O. POWELL	ADVISED FUND
MR. & MRS. KENNETH EDGE	CATHY KINLAW	ARTHUR L. RHOADS, JR.	WALTER VICK, LSV PARTNERSHIP/ ARCHITECTS/PLANNERS-AIA
JOHN ELLSWORTH	H.M. & PEARL KYLE FOUNDATION	MARIE RUDDY	MIKE & DONNA WARREN
MARCIA GALLINA	LINDA & DICK LEWIS	JOEL A. SMITH CHARITABLE ENDOWMENT	MR. & MRS. CLYDE WOOD
LAUREN HARPER	MIKE & KIM NAGOWSKI	MARY W. SMITH	
MARGARET HAST	CATHY ORY		

## NAMED GIFT OPPORTUNITIES

\$50,000 <b>BOARD ROOM</b> <i>(Accepting donations In Honor of Sister Jean Rhoads by "Friends of Sister Jean")</i>	\$10,000 <b>#5 – CHIROPRACTOR/ PROCEDURE ROOM</b>	\$10,000 <b>#14 – DENTAL EXAM ROOM</b>
\$50,000 <b>MEMORIAL GARDEN</b>	\$10,000 <b>#7 – MEDICAL EXAM ROOM</b>	\$10,000 <b>#15 – DENTAL EXAM ROOM</b>
\$20,000 <b>#10 – LABORATORY</b>	\$10,000 <b>#8 – MEDICAL EXAM ROOM</b>	\$5,000 <b>NURSES' STATION AREA</b>
\$10,000 <b>#4 – MEDICAL EXAM ROOM</b>	\$10,000 <b>#13 – DENTAL X-RAY ROOM</b>	\$5,000 <b>PANORAMIC DENTAL X-RAY AREA</b>

Please contact The CARE Clinic at (910) 485-0555 or [projects@nc.rr.com](mailto:projects@nc.rr.com) if you are interested in any of these options or if you have any questions.

Donor Business or individual's name \_\_\_\_\_

Complete address \_\_\_\_\_

Phone numbers and e-mail address \_\_\_\_\_

Contact Person \_\_\_\_\_

Wording on plaque: \_\_\_\_\_

Room and Amount Paid: \_\_\_\_\_

## Holiday Cards

Can you believe it? The holidays will be upon us before we know it. Do you have people to shop for and would like to get them something a little different? Please consider giving the gift that reflects the real meaning of the season by making a donation to The CARE Clinic in memory or in honor of someone this holiday season. You and your honoree will feel much better about the holiday season knowing that your thoughtful gift has helped those less fortunate among us in our own community. Just send us your list of names and addresses along with your donation and we will take care of the rest or you can download a form at:

[www.thecareclinic.org/pdfs/hollycard.pdf](http://www.thecareclinic.org/pdfs/hollycard.pdf).

A holiday acknowledgement card will be sent stating that a donation has been made by you to The CARE Clinic. The minimum suggested donation is \$10 per card. Thanks for your support!

## Evening of CARE to be Held February 5th

Do you ever think about volunteering with The CARE Clinic but don't have a lot of time or health care training? If you have ever held a dinner party in your home, you have all the training that is needed to serve as a host for our Evening of CARE dinners. You can become a volunteer with The CARE Clinic without ever leaving the comfort of your own home!

Our next Evening of CARE dinner will be held on Saturday, February 5, 2011. You develop the guest list; we mail the invitation and provide the meal. It will be the easiest dinner party you have ever had and it raises money for a great cause!

Dinner sponsorships for Fort Bragg Soldiers are being offered again to let soldiers and their spouses enjoy a special evening off base meeting new friends and enjoying Fayetteville hospitality.

For more information about the dinners, visit our website at [www.thecareclinic.org/caredinner.php](http://www.thecareclinic.org/caredinner.php). As soon as the hosts are finalized, the invitation will be on this page for you to download. If you would like to host a dinner in your home, receive an invitation, or sponsor one or more soldiers to attend a dinner, contact Gloria at The CARE Clinic at (910) 485-0555 or [projects@nc.rr.com](mailto:projects@nc.rr.com).

## CAMPBELL UNIVERSITY Student's Comments

Recently, some Campbell University Pharmacy students came to the clinic for community service. These are their comments:

"I personally think the care at The CARE Clinic is great. It is a very accessible option for the working poor who cannot afford quality health care or insurance. Every physician that I have volunteered with seems genuinely concerned about the patients and takes time to talk with them about their problems. The clinic does a great job with its limited resources while offering family medicine, pharmacy, dentistry, chiropractics, and dermatology. This experience has definitely changed my outlook on the working poor. It is very rewarding acting as part of the physician/pharmacist team and helping to improve patient care. I believe this has reinforced my decision to become more of a clinical pharmacist after finishing residency."



"The CARE Clinic is a great place to volunteer and is doing a great job at meeting the underserved patient's needs of Cumberland County."



"I will say this... the food is great and the volunteers are awesome! They are really doing it because they want to and they treat the patients with respect and courtesy. It was a refreshing feeling to be around volunteers who were not overwhelmed with the circumstances or who had other motives. This CARE Clinic is a great place with quality care and compassion. This truly was a rare and great experience."

## Providers attend Smoking Cessation Class

A class on "How to Get Your Patients to Quit" was conducted for anyone who interacts with patients on Monday, September 13, 2010 at The CARE Clinic. The session was sponsored by a grant from The National Institute of Drug Abuse through a partnership among the North Carolina Association of Free Clinics, Wake Forest University, Davidson College, and the University of Kentucky. Cindy Jones, RCP, of NCAFC led the class and a video presentation was held by John Spangler, MD, MPH, Professor, Family Community Medicine at Wake Forest University. Attendees learned about the following topics in order to help their patients or clients: nicotine addiction, counseling strategies, pharmacotherapy, other resources and what your free clinic is doing to encourage patients to quit.

Volunteers who were unable to attend the session that night can still earn 1 CME credit by watching the 45 minute video online and completing the evaluation survey. To access the video, go to [http://nwabec.org?31960](http://http://nwabec.org?31960). Click on "Register for Event." Log in or register as a new user, then click on "Start Session." After viewing the video, simply complete the Provider Survey in to receive your CME certificate.

## Bailey's . . . A Time to Give

Do you need a new battery for your watch? Bailey's Fine Jewelry has selected The CARE Clinic as its chosen charity in October through their *A Time to Give program*. The Bailey family came up with this innovative program as a way to provide watch battery replacements for their patrons and support the community at the same time. Patrons who visit Bailey's new store in Cross Creek Mall can receive a free replacement watch battery. Bailey's Fine Jewelry absorbs the cost of almost all replacement batteries, which typically range from \$10 – 15 per watch, and asks instead for a charitable donation. The CARE Clinic will receive 100% of the donations contributed by patrons during the month. We appreciate Bailey's Fine Jewelry's support of The CARE Clinic.

## Wish List Donation Program

The CARE Clinic can use your help! Donations of all kinds are down. An easy way to help is to donate an item or two from the Wish List you will find on the back of our newsletter. These are non-medical items that are easy to find and greatly appreciated. Each donation helps us preserve our limited funds for direct patient care supplies.

The next time you go shopping please consider adding a Wish List item to your cart. For example, one item we can always use is canned soda. Our volunteers will enjoy it while they have a meal that has been provided by one of our partner churches. Many times you can find specials that are buy one get one free. Please consider donating your free item to our volunteers who are sharing their time and talents to help provide free care for uninsured adults in our community. You could even make this a group project for your church circle or youth group, scout troop, or Sunday school class. This is a wonderful way to teach our youth that many people in their very own community have much less than they have and it would be a tremendous help to us. Call the clinic if you have a question or to find out what our current needs are. Thanks so much for supporting the clinic through this program!

## CLINIC NEEDS FOOD PROVIDERS

The CARE Clinic is blessed to have dedicated board members who take time out of their busy work days to attend our Board of Directors meetings every other month. We try to have a nice lunch for them before their business meeting, so they do not have to catch a quick meal on the way here or not eat at all because of time constraints. However, we need someone - an individual, restaurant, business, church, civic organization or anyone else who would like to do a community service project to provide this donation for us. The meal can either be prepared by the donor or catered and delivered to the clinic.

**The meeting dates for this fiscal year are:** October 28 and December 16, 2010, and April 21 and June 23, 2011. The meals are for about 30 people and consist of a main dish, vegetable or salad, bread and fruit or dessert. If you would be interested in one or more of these dates, please contact Gloria at 485-0555 or [projects@nc.rr.com](mailto:projects@nc.rr.com). Thanks to Rachel Violette for providing a delicious meal for our June board meeting. We also thank those people who stepped up to the plate last year and provided the lunches for our board meetings.

We would like to take this opportunity to thank ALL of our dedicated churches, church groups and church members who provided the meals for all of our evening clinics throughout the year. We appreciate your support and we know that we would have a difficult time getting and keeping volunteers if you did not provide them with your delicious meals to keep them going throughout the evening. Thanks so much!

### HOME BUILDERS ASSOCIATION OF FAYETTEVILLE

In our last newsletter, The *Home Builders Association of Fayetteville, Inc.*'s generous donation of the proceeds from their Casino Night was mistakenly listed under Ms. Natalie Woodbury's name in the Donors of CARE "Samaritan of Charity" category. We thank the association for their support and apologize for this error.

## The CARE Clinic Needs Your Talents!

The CARE Clinic needs more volunteer health professionals including physicians, physician assistants, nurse practitioners, pharmacists, pharmacy technicians, nurses, dentists and dental assistants. Volunteering 3 hours one evening is not a hardship when we have a dependable pool of volunteers who share the need. Volunteers can come a few times a year, once a month, or however often they wish. Except for a very small paid staff, our clinics are run entirely by volunteers. Before each evening clinic begins, volunteers get to meet each other while enjoying a dinner that has been provided by one of 12 area churches that support our mission by donating dinner for our volunteers.

If you are not a health care professional, you could help bring more health professional volunteers to the clinic. The next time you visit your dentist's or doctor's office; ask if they volunteer at The CARE Clinic. If they do, please thank them! If not, please tell them about the clinic and ask them to consider helping their neighbors. They may call 485-0555 and ask for Julie or email her at [careschedule@nc.rr.com](mailto:careschedule@nc.rr.com). This miracle ministry is fueled by the compassion of our volunteers for the less fortunate in our community.



*"Service to others is the rent you pay for  
your room here on Earth."*

— MUHAMMAD ALI

## Combined Campaigns

If you participate in a combined campaign, please consider designating The CARE Clinic as the chosen charity for your donation. Our codes for the campaigns are:

**Combined Federal Campaign - 91950**  
**NC State Employees Combined**  
**Campaign - 3746**

We greatly appreciate your donations to the clinic in the past and hope that you will help us in this fall's campaign. Please contact us at 485-0555 or [care@thecareclinic.org](mailto:care@thecareclinic.org) if you need any additional information.

# Military Partnership

Since June 1998, The CARE Clinic has enjoyed a wonderful and unique partnership with Womack Army Medical Center. Every Tuesday night a third year Family Practice Resident from Womack helps staff our clinic as a part of their clinical rotation. The residents always tell us how much they enjoy coming to our clinic. They gain exposure to a great community health experience that is very different from what they see in their military practice. They enjoy the interaction with our other volunteers and the home cooked meals that are provided by churches. However the most rewarding part of their rotation is the appreciation they get from our patients. They are often surprised when our patients thank them for their care.

Knowing this, we got a chuckle from a comment on a patient evaluation form and felt we had to share it with you:

“I heard about the clinic from a friend and I don’t know where I would get medical care...probably wouldn’t...if I didn’t come here. You went above and beyond my expectations. Everyone is very friendly. The doctor tonight was extremely patient and enlightening and I prefer fatigues to white coats!”

Thank you to Womack Army Medical Center for sharing your wonderful residents with us. We appreciate your support of our mission.

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## *Honoraria Contributions* JULY 1 - SEPTEMBER 15, 2010

<u>Honor of</u>	<u>Given By</u>	<u>Honor of</u>	<u>Given By</u>
Mrs. Shannon Cameron	Mr. James M. Cameron	Ms. Joan Dees	Mr. & Mrs. Carl P. Williford
Mr. Tim Parnell	Mr. James M. Cameron	Clyde Thomas Wood Jr.’s birthday	Mr. & Mrs. C. Thomas Wood
Ingelore Nystrom’s Birthday	Mr. & Mrs. Thomas P. Coyne		

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## *Memorial Contributions* JULY 1 - SEPTEMBER 15, 2010

<u>Memory of</u>	<u>Given By</u>	<u>Memory of</u>	<u>Given By</u>
Mr. Donald Rosser	Ms. Peggy A. Allen	Landis Chavis	Mr. Philip W. Haigh
Mrs. Lydia S. Nennett	Ms. Peggy A. Allen	D. P. Russ	Mr. Philip W. Haigh
Mr. David P. Russ, Sr.	Mr. & Mrs. John H. Anderson	Mr. William Hatcher	Mrs. Ruth D. Hatcher
Ms. Mary Anne Dawson	Mr. & Mrs. John H. Anderson	Rex & Betty Jackson	Mrs. Diane L. Herring
Ms. Anne G. Poole	Stuart Augustine, Carol Cottle & Zella Gaeta	Joya U. Jenks	Dr. Robert D. Jenks
Ms. Denise McDonald	Stuart Augustine, Carol Cottle & Zella Gaeta	Mr. John Harold	Mr. & Mrs. Joseph F. Kelly
Mr. Jack McCloskey	Baldinos	Mr. John Harold	Mr. & Mrs. James E. Kennedy
Mr. John Harold	Mr. & Mrs. Tyrone J. Bardon	Mrs. Elaine Godwin Nunnery	Mr. & Mrs. Richard M. Lewis
Mr. Rembert L. Barnhill	Mr. & Mrs. Richard Barnhill	Mr. John Harold	Mr. & Mrs. Donald A. McCaskill
Mr. Michael Blanton	Blanton’s Wash Center of Fayetteville	Father Corbin Ketchersid	Mr. & Mrs. Thomas B. McNally
Mrs. Evelyn Gilbert	Brenda & Rick Booth	Mr. John Harold	Mrs. Mary E. Neral
Ms. Elizabeth E. Crumbley	Mr. Frank R. Crumbley	Mrs. Judy Binder	Mr. & Mrs. Alfred F. Rose
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Mr. Robert Page	Rep. & Mrs. Richard B. Glazier	Mr. John Harold	Ms. Rose Mary Semenza
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## Thank you to our Donors of CARE

Contributions received from **July 1 – September 15, 2010**. Donors are reported on a cumulative basis since the formation of The CARE Clinic. This more accurately reflects the generosity of our Samaritans. The CARE Clinic appreciates your notification of misprints or omissions and apologizes for any error.

### **Samaritans of Discipleship (Inkind Donations)**

Antex Exterminating  
Berean Baptist Church  
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The Robin Hood MD Team  
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Ms. Ann J. Hagelberger  
Mrs. Ruth D. Hatcher  
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Mr. & Mrs. Thomas P. Coyne  
Mr. & Mrs. Alfred F. Rose  
Ms. Rose Mary Semenza  
The Potter's Class, Village Baptist Church  
The Real Estate Law Firm

### **Samaritan of Referral (\$500-\$749)**

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Mr. & Mrs. Stuart Stancil

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Hay Street United Methodist Church  
Holt Oil Company, Inc.  
Dr. Robert D. Jenks  
Ms. Lois J. Lambie  
Massey Hill Baptist Church  
Mr. & Mrs. Peter C. Murray  
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J. Michael Ruff, DDS, PA  
Mr. & Mrs. George E. Waren

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Fr. John R. Kelly  
Mrs. Mary E. Neral  
Mr. & Mrs. Alan W. Smith  
Mr. & Mrs. Michael H. Steadman  
The Home Builders Association of Fayetteville, Inc  
Mr. & Mrs. Thomas M. Wooten

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Highland Presbyterian Church  
St Patrick Catholic Church

### **Samaritan of Stewardship (\$50,000-\$99,999)**

Combined Federal Campaign – #91950  
First Presbyterian Church  
Snyder Memorial Baptist Church

### **Samaritan of Treasure (\$100,000-\$249,999)**

CARE Patients  
St. Elizabeth Ann Seton Catholic Church

**The CARE Clinic**  
 239 Robeson St.  
 PO Box 53438  
 Fayetteville, NC 28305-3438  
 (910) 485-0555/(910) 485-0111 Fax  
 email: [care@thecareclinic.org](mailto:care@thecareclinic.org)  
 web page: [www.thecareclinic.org](http://www.thecareclinic.org)

RETURN SERVICE REQUESTED

Non-profit Org.  
 U.S. Postage  
**PAID**  
 Fayetteville, N.C.  
 Permit No. 456

**- Clinic Wish List -**

**VOLUNTEERS NEEDED**

<b>Pharmacists***</b>	<b>Dental Assistants***</b>
Pharmacy Techs	Chiropractors
<b>Physicians***</b>	Social Workers
<b>Physician Assistants***</b>	
<b>Nurse Practitioners***</b>	
<b>Nurses***</b>	
Nutritionists	<b>***Urgent need items</b>
<b>Dentists***</b>	

**ITEMS NEEDED**

<b>Diet &amp; Regular Canned Soda***</b>	EKG Machine – call for details
Electric Pencil Sharpeners	<b>White Laser Labels 1"x 2 5/8"</b>
<b>Postage Stamps***</b>	<b>(30 on page)***</b>
Pens, Ball-Point, click-top, Black & Red	<b>Facial Tissues***</b>
Receipt Books, Numbered & Carbonless, 2-pt.	Coffee
Printer Ink & Toner – call for details	Basket Coffee Filters
Wal-Mart Gift Cards	<b>Coffee Creamer***</b>
	<b>Napkins***</b>

*Please call 485-0555 before bringing items to The CARE Clinic*

**JULY 1 TO SEPTEMBER 15, 2010 STATISTICS**

Primary Care Visits .....	802
Dental Visits .....	219
Prescriptions .....	1,905
Lab Tests .....	438
Medication Access & Review Program (MARP) Medications Received .....	96
Nutrition Visits .....	12
Referrals/Diagnostic Tests .....	90
Chiropractic Visits .....	49
Social Worker Visits .....	51
<b>Total Encounters .....</b>	<b>3,662</b>
<b>Cost per Patient Encounter .....</b>	<b>\$70.00</b>

***UPCOMING EVENTS - See inside for more details!***