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#### Gifts from the Heart

Our clinic has been well stocked and extra colorful over the past few weeks thanks to the students at St. Ann Catholic School. Every year, in celebration of National Catholic Schools Week, the school holds a "stuff the bus" program to collect items for those in need. The morning of January 31st, some students and school staff hopped into a truck and delivered stacks of supplies from our wish-list. Our storage room and kitchen are now brimming with examination gloves, tissues, paper towels, soap, coffee, and more!

We were also surprised and delighted to find a folder of hand-written notes amidst the supplies. The second we saw them, we knew we had to put the kind words from the St. Ann students on display. If you visited the clinic during February and March, we hope you enjoyed looking through all of the sweet notes. They brought color and extra joy to our days. Thank you to everyone at St. Ann for these heart-felt gifts!





### Let's Play Ball!



Anyone ready for a day in the ballpark? If you're looking for some fun in the sun, then mark your calendars for Sunday, June 19th! The Fayetteville Woodpeckers baseball team will be facing off against the Kannapolis Cannon Ballers at Segra Stadium. While you're out drinking beer, eating hotdogs, and cheering on the Woodpeckers, you can celebrate the fact that you will be supporting a good cause at the same time! That night, The CARE Clinic will be recognized as the Nonprofit of the Game. The clinic will benefit from

the proceeds of tickets we sell, receive a table on the concourse, and see our name on the video board. The more tickets we sell, the more benefits we will see- someone from the clinic could even throw out the first pitch at the game! We would love to see a big turn-out with all of our friends and supporters. Keep an eye out on our social media and website for more information on how to buy your tickets.

## Welcome Advanced Physical Therapy Solutions Team!

Beyond just our primary care services, we also host specialty clinics throughout the month. Some of these clinics include diabetic care, orthopedic care, and nutrition counseling. For many years, we also welcomed a physical therapist, Louise Brooks, from Advanced Physical Therapy Solutions (APTS). She would come once a month to meet with our patients until she retired in December.

Sensing a gap in our clinical needs, the practice liaison at APTS, Hanna Davis, became an active member on several CARE Clinic committees. She decided to take on the clinic as a new community service initiative for her office. Now, every second Wednesday of





the month, we welcome 2 PTs from Advanced Physical Therapy Solutions to the clinic. They move on a rotation each month through their physical therapists, allowing all of them the opportunity to share their time with us. Their aim is to help patients manage their pain and increase mobility to improve day-to-day functioning. Patients are given resistance bands and exercises to do at home so they may continue working towards recovery. We are so lucky to have their entire team on our side!

## **Volunteer Appreciation**

After two long years, we are happy to announce that our Volunteer Appreciation Dinner and Awards Ceremony will be returning to an in-person event! We want to show our love to those who have been with us throughout this busy year. From our clinical staff to those who stuff and mail newsletters, we are so grateful for every helping hand that moves us towards achieving our mission.

Watch out for an announcement on a date where we will be meeting at Berean Baptist Church for fun, fellowship, and good food! The event will run from 5:30 p.m.- 7 p.m. with dinner being prepared and served by members of Berean. We will have gifts and door prizes, as well as live music throughout the dinner. At the end of the night, we will take time to recognize 5 volunteers/groups who we felt went above and beyond for us in 2021.

Our volunteer committee is hard at work planning this special event. We will never be able to express our full gratitude in one evening, but we still hope to express how much you mean to us!

### The Gift of Time

It is difficult for many of our patients to find consistency in their lives due to the unknowns that come with living in poverty. For patients like Mr. C, The CARE Clinic stands as at least one place they know they can rely on. Mr. C has been a patient at The CARE Clinic for the past 12 years, first coming through our doors in 2010. We have been tracking his care and providing him with his prescription medications. Mr. C told clinic staff that he has always been treated with compassion and as an equal.

Recently, new concerns arose and our doctors sent Mr. C for a CT scan. During the scan, the doctors noticed masses on his kidneys.

We sent him to UNC Chapel Hill to receive specialty care where they ended up removing 6 tumors. They were able to keep the kidney fully intact and he has been released back to work.

Mr. C continuously notes how blessed he feels to be part of The CARE Clinic to this day. We also recognize how blessed we are for the opportunity to serve so many wonderful patients. The CARE Clinic has been blessed with 28 years of service so far. Being able to follow patients through their care journey has been the ultimate gift, not just for the patients, but for us as well.

#### Thanks for Sharing the Love!

Twenty-five years of running this event and we are still blown away by the support we see during our Evening of CARE. Thank you to everyone who participated this year in our "Week of CARE" from February 5th - February 12th. During the week, we were able to sell 73 meals and bring in \$55,155 for the clinic! We hope you enjoyed the food from Luigi's and Dorothy's Catering 2 as well as the pick-up option. While Covid brought a lot of hardships, we are glad that we were able to find a new, fun way to run this event. Do not worry if you missed out, year 26 will be even bigger and better!

#### Thank you to our sponsors who made this event possible!

**Haute Cuisine Sponsorship**Martha and Clyde Wood Family Fund

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**Nouvelle Cuisine Sponsorship** 

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## Upcoming Events Mark Your Calendars!

**TBA** Volunteer Appreciation Dinner at Berean Baptist Church - 5:30-7:00 pm

**June 19th** Woodpeckers Nonprofit of the Game - 2:00 pm

**September 9** Our 28th Annual Golf Charity Tournament at Gates Four Golf & Country Club has

moved up a week to Friday, September 9th

If you would like to find out more about any of these events, please contact us at 485-0555 or admin@thecareclinic.org

### We're Going Digital!



You spoke and we listened! Sometimes it is easier to rely on an email making it to your inbox than a letter making it to your mailbox. Starting in July with the new fiscal year, we will be offering the option to receive The Samaritan digitally over email. If you wish to be taken off our physical mailing list, scan this QR code and fill out the short questionnaire. We will also have this link on our website and posted to social media.

Don't worry: if you would prefer to keep receiving newsletters in the mail, no action is required from you at this time. If we do not hear from you, then we will keep you on our physical mailing lists.

We hope that this will offer some convenience for those who prefer a digital option. This will be our first attempt

with this, so please be patient as we work out the kinks!

### **Living Out Faith**

9 Let love be without dissimulation. Abhor that which is evil; cleave to that which is good. 10 Be kindly affectioned one to another with brotherly love; in honour preferring one another; 11 Not slothful in business; fervent in spirit; serving the Lord; 12 Rejoicing in hope; patient in tribulation; continuing instant in prayer; 13 Distributing to the necessity of saints; given to hospitality. 14 Bless them which persecute you: bless, and curse not. 15 Rejoice with them that do rejoice, and weep with them that weep. 16 Be of the same mind one toward another. Mind not high things, but condescend [1] to men of low estate. Be not wise in your own conceits.

These power packed verses from Romans 12: 9-16 are some of the most practical guidance given to Christians in which the Lord wants us to live out our faith effectively, not just concerning Him but also with one another. The scriptures encourage us to demonstrate the love of God sincerely; however, the test of our sincerity is not to those who love us but to our enemies. Verse 10 is another challenging aspect of practicing selflessness, being devoted to one another in love, and honoring one another above oneself. One of the Army's seven values is selfless service and respecting others. Serving on active duty as a chaplain in the Army honoring our soldiers was the most practical way to communicate our love and kindness to them. Our mission was always to put them and their families first. Another verse that stands out for me is verse 15, rejoice with those who rejoice, mourn with those who mourn. This past year has been a mixed bag of rejoicing and mourning.

I am rejoicing in the victories and ministry partnerships. I fall back on the scripture verse that says, "everything works together for good to those who love the Lord and are called according to his purpose."

Lt. Col. (RET.) MackBerth Williams Congregations for CARE Committee

References

Christian Art Publishers. (2017). Holy Bible: King James Version.

# April Showers... Brings a Beautiful New Garden!

With the final winter frosts blowing off, it is time to see the side of our building flourish into a blooming garden. Chad Shelby, a former Horticulture student at FTCC, has worked tirelessly to prepare the grounds. Now, it is time to begin planting! Over the next few weeks he will be placing vibrantly colored flowers, shade trees, and aromatic hedges. In fact, a team from Landart Solutions came in on April 18th to deliver and plant a new tulip poplar tree!

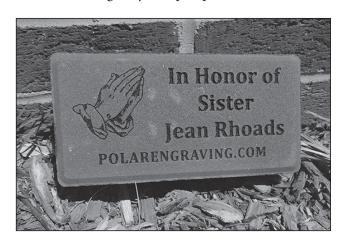
Now that the groundwork has been set we are brainstorming ideas to transform the space into something completely new. There have been a plethora of grand ideas thrown around, from a commemorative bench to a bath for the birds building nests around our security cameras. Whatever it is, we know that Chad will create something beautiful.

One idea already moving forward involves remodeling the fenceline between us and the facility next door. The sights and smells of the garden will completely transform the space but there is still one problem- being located so close to downtown can get pretty noisy! Plans are being laid to erect a wall along the fence, creating a physical barrier between the garden, the facility next door, and the sounds from downtown. This wall will also offer new possibilities for art and expression which will pair directly with the paved walkway. We hope everyone is as excited as us to see the new changes.



## Make your Mark!

In the nearly 30 years since the Clinic first opened its doors, countless people have left their mark on this organization. In celebration of our community, you now have the opportunity to leave a physical mark on our grounds! Engraved memorial/ honorarium pavers are available for purchase from now until September 1st. These pavers will be placed in the walkway of our new meditation garden. You decide what you want the brick to say, decide if you want a clipart piece, and we handle the rest! There is a wide gallery of clipart pieces to choose from, or you may opt to include a logo or image of your own choosing. Over the next few weeks, we will be mailing order brochures to our mailing lists. We will also have a website where you can place your order directly online. Once this link is up and running, it will be available on our Facebook page and our website. You can also always give us a call at the Clinic for more information! These personalized touches will become a physical reminder of the abounding support blessing our clinic.





Just a few examples of the art available to accompany your personal message.

## Honorariums January 1, 2022 - March 31, 2022

Honor of

Dr. Michael Geiger

Simmi

Mary Ellen Madden

Lynne Woods

Cathy Ory

Dr. & Mrs. Jim & Eileen Nolan

Given By

Mr. & Mrs. Eugene Bain

Ms. Carlotta L. Cohen

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Mr. & Mrs. F. R. Loyd

Mr. & Mrs. Stephen Mitchell

Mrs. Lynne Woods Mrs. Lynne Woods

Mr. & Mrs. Joseph N. Wunderlich

## Memorial Contributions January 1 - March 31, 2022

In Memory of

Martha Parrish Paul Desessa Robert Pray

William C. Toman, Jr. Hilda Jackson

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Mr. Gerald B. Strepay

# Thank you to our Donors of CARE

Contributions received from *January 1 – March 31*, 2022. Donors are reported on a cumulative basis since the formation of The CARE Clinic. This more accurately reflects the generosity of our Samaritans. The CARE Clinic appreciates your notification of misprints or omissions and apologizes for any error.

Samaritans of Discipleship	Reilly Road Presbyterian	Samaritan of Assistance	J. Wayne Riggins
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Dr. & Mrs. David J. Harsant

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#### THE CARE CLINIC

**RETURN SERVICE REQUESTED** 

239 Robeson St PO Box 53438

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email: care@thecareclinic.org web page: www.thecareclinic.org Non-profit Org. U.S. Postage

#### **PAID**

Fayetteville, NC Permit No. 456

## Clinic Wish List

#### **VOLUNTEERS NEEDED:**

**Pharmacists** Pharmacy Techs Physicians Physician Assistants

**Nurse Practitioners** 

Nurses Nutritionists Physical Therapists

**Dental Assistants** Chiropractors Social Workers

Receptionists

**ITEMS NEEDED:** Postage Stamps White Copy Paper Canned Soft Drinks K-Cup Coffee Pods

White Laser Labels 1" X 2 5/8" (30 on page) Non-latex gloves (all sizes)

Paperclips/Binder clips

**Napkins** 

12 fl. oz. Hand Sanitizer Food Lion Gift Cards Harris Teeter Gift Cards

Wal-Mart Gift Cards Table Salt & Shakers

**Bowls** 

Please call 485-0555 before bringing items to The CARE Clinic

## January 1 – March 31, 2022 Statistics

Primary Care Visits	316	*Nutrition Visits	5
Dental Extractions	137	*Diabetic Visits	47
Prescriptions	1,438	*Specialist Visits (Ortho & Dermato	ology)30
Lab Tests	120	*Flu shot Visits	0,
		* Not included in Primary Care Visits	
		Total Encounters	2,105
		Cost per Patient Sponsorship	\$100

#### **UPCOMING EVENTS! SEE INSIDE FOR MORE DETAILS!**