



The Samaritan

THE CARE CLINIC FAMILY

20th Anniversary Commemorative Issue

FY 2014

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THE MASTER STORYTELLER

I don't know about you, but history was never my favorite subject in school...too many dates and places to remember. Then I realized history is really "His story," God's story unfolding each and every day. As we anticipate

celebrating the 20th anniversary of The CARE Clinic on November 16th, let's recall how the Master Storyteller created an amazing story about a health and dental clinic with many amazing people.

His Story, Chapter One:

In 1986 Richard Barbaro, DDS, Don DeCort, Attorney at Law, and Skip Whitman, MD, approached Sister Dorothy Ann Pyle, Director of Catholic Social Ministries (CSM) of the Diocese of Raleigh, and expressed desire to use their talents to help serve the poor. She sought information from The Free Clinic Foundation of America in Roanoke, VA and obtained a \$10,000 start-up grant from the Diocese of Raleigh. Sister Dorothy Ann also wrote to the Daughters of Charity in Emmitsburg, MD for a volunteer Sister to help with this project.

His Story, Chapter Two:

In early spring 1992, I was serving at St. Agnes Hospital in Baltimore, MD as Director of a Cancer Center. Sister Virginia Ann Brooks (leader of the Daughters of Charity), telephoned one afternoon and asked me to go to Fayetteville, North Carolina to help set up a free health clinic.

Comment #1: "I've never done that before."

Comment #2: "Where will I get the funding to do

that?"

Comment #3: "Yes, I'll go. If that's what God wants, I'm sure He will help me."

His Story, Chapter Three:

And so His story continued in fall 1992 when I traveled to Fayetteville and went to live with four other Daughters of Charity who were serving in a school and parish. I learned almost immediately that when God wants to write a story, He does so quickly and with many creative instruments.

His Story, Chapter Four:

Upon arriving in Fayetteville, Dorothy Ann graciously donated office space to me at Catholic Social Ministries and introduced me to several key leaders who were interested in starting a free clinic. This group quickly expanded and included Richard Barbaro, DDS, Carl Creech, RPh, C.T. Daniels, Dottie Jurek, Cathy Kinlaw, Ken Lancaster, BG(Ret) Joe Nagel, Cathy Ory, Tinsley Rucker, M.D., and Clinton Weaver. They formally became the Steering Committee of the clinic and were focused on a new mission -- **Compassion, Assistance, Referral, and Education** for the uninsured, working poor in Cumberland County.

His Story, Chapter Five:

The Steering Committee followed His plan in numerous ways: initiating a capital campaign spear-headed by Marshall Waren; leasing/renovating an unused building; drafting clinical policies and procedures; procuring equipment, supplies, decor and furniture; and recruiting volunteers and donors. And how He sent the most compassionate, talented, and generous people to live this mission of The CARE

Continues on page 2

THE MASTER STORYTELLER...CONTINUED

Clinic!

His Story, Chapter Six:

On November 16, 1993 The CARE Clinic opened its doors for the first time to serve uninsured patients in need of health and dental care. Through the years, thousands of people have received quality care through the generous service of many volunteers including those with medical, dental, clinical, pharmaceutical, surgical, and administrative expertise. And whenever one offered gratitude to these volunteers, their common response consistently has been, "*We receive so much more*

than we give." The Master Storyteller continually chooses just the right "cast of characters"!

His Story, Epilogue:

Each of you have played a special part in His story, a special part in God's compassionate plan to care for one another, to serve others in need, and to create the amazing story of The CARE Clinic. Congratulations on this 20th anniversary! I hope to hear much more of His story through YOU when we gather on November 16th!!

THE CARE CLINIC, INC. ~ HISTORY

In 1986, Richard Barbaro, DDS, Don DeCort, Attorney at Law, and Skip Whitman, MD, approached Catholic Social Ministries of the Diocese of Raleigh (CSM) and expressed desire to use their talents to help serve the poor. They suggested setting up a free medical clinic. Concurrently, Charles Hoffman, MD, had also spoken with CSM about the need for a clinic for pregnant women.

Dorothy Ann Pyle, MSW, Director of CSM, convened a group of interested people for this project. About twenty individuals attended and the main speaker was Ann Sales, FNP, Coordinator of the Open Door Clinic in Raleigh, North Carolina. All participants were very enthusiastic about the concept of a free clinic. The next important step was to assess the needs of the county, to identify current resources for the poor, and to go on a site visit of the Open Door Clinic.

In the course of a year and a half, members of the project gathered information from key personnel at the Cumberland County Health Department, local emergency rooms, and other private physicians. Progress increased from 1989 to 1990 when Mary Ann Lise, RN, volunteered to coordinate the needs assessment. She compiled reports and statistics from research studies regarding the needs of the poor in Eastern North Carolina. The preliminary result of this assessment identified the strong need for a free medical clinic in Fayetteville and Cumberland County.

The project was too extensive, however, without a full time person to coordinate it. In 1991, Dorothy Ann Pyle suggested to Kathleen Walsh, Executive Director of the Diocesan Catholic Social Ministries, to ask the Daughters of Charity (a Catholic religious community whose charism is to serve the poor) if they had a Sister available to develop this project.

In September 1992, the Daughters of Charity sent Sister Jean Rhoads, MHSA, as a volunteer to Fayetteville to establish a free health clinic. Utilizing a \$10,000 operational grant from CSM, Sister Jean organized a steering committee including C.T. Daniel, MD, Tinsley Rucker, MD, Richard Barbaro, DDS, Carl Creech, RPh, other health care and business professionals, directors of local social agencies, and clergy. This committee worked diligently to select a name and logo; identify a site; write articles of incorporation and by laws; recruit potential volunteers; prepare grant applications for start-up funding; and increase community awareness through publication of a newsletter entitled The Samaritan.

The CARE Clinic became officially incorporated on June 17, 1993, and remained under the auspice of CSM until it received independent tax-exempt status on August 22, 1994. Through several grant awards and a capital campaign effort chaired by Marshall H. Waren, a building at 239 Robeson Street was renovated. The Clinic was dedicated on November 14, 1993 and opened its doors for service to uninsured/low income residents of Cumberland County on November 16, 1993.

THE CARE CLINIC, INC. ~ LOGO HISTORY

Believing in the dignity and belovedness of all persons, The CARE Clinic, Inc., has adopted a logo that symbolizes the mission of the organization.

The perennial hue of hope, a yellow sun is sculpted into four sections, each representing the elements of CARE and creating the acronym from which the name is derived. Compassion, Assistance,

Referral, and Education stand independently as unique contributions to the health and well-being of others. When associated together, the elements arrange themselves as puzzle parts that suddenly infuse the insignia with completeness. The emphasis is swept from stern clinical medical treatment and placed on holistic and compassionate consideration for the individual.

(Ms. Cathy Kinlaw, February, 1993)

A LOCAL SUCCESS STORY

The CARE Clinic has been in continuous operation for 20 years this November 16th and is still going strong. This is quite an accomplishment for any organization. Sister Jean Rhoads helped bring out the best in our community.

Providing staff for the clinics are many local physicians, dentists, physician assistants, nurse practitioners, nurses, pharmacists, chiropractors, lab technicians and administrative personnel. Lab tests are done at no charge by Labcorp, routine x-rays are provided at no cost by Cape Fear Valley Medical Center, and CT scans and MRI scans are provided at no cost by Carolina Imaging and Valley Regional Imaging. Many physicians take pro bono referrals in their own offices. Womack Army Medical Center and the Fayetteville VA Hospital have been incredibly supportive. Every Tuesday evening for over 15 years, The CARE Clinic has had a Womack Family Medicine resident present to see patients. Southern Regional Area Health Education Center is also joining the effort. Local physicians from the Bangladesh American Medical Association have also been very supportive with their time and monetary support. The clinic is also supported by countless volunteers who work "behind the scenes", making sure everything runs smoothly.

The CARE Clinic is now promoting "Mission Fayetteville". We are encouraging local churches to have their members staff the clinic with medical/dental personnel one evening per month or every few months. Medical mission work is a most noble endeavor and there is a great

need for medical mission work here in our own hometown. One of Fayetteville's smaller churches, The Fayetteville Church, under the leadership of Dr. Don Maharty, has provided full clinic staffing every 1-2 months for over 15 years.

From the very beginning, The CARE Clinic has paid its own way without asking for government funding. All of the money has come from foundations, churches, local businesses; such as The Fayetteville Observer, countless local citizens and the patients themselves. On leaving The CARE Clinic, each patient is asked if he/she can make a donation to help pay for the next patient. Many give an amount equal to that of the co-pay for most insurance plans and since our doors opened in 1993, the patients have given an amazing \$230,000 to help pay for the treatment and care they are given! When they get back on their feet, some patients have also become volunteers.

In spite of health care reform, the working poor will always be with us. With The CARE Clinic we have found a local solution for a local problem. A longtime friend who passed away recently had previously noted that The CARE Clinic provides a hand up, not a hand out. Every effort is made to preserve the dignity of the patients.

Tinsley W. Rucker, M.D.
Volunteer Medical Director

THE MISSION CONTINUES

Twenty years ago, while serving on the original steering committee, I was frequently asked why we were developing a free health clinic. Simultaneously with our effort, a federal task force which was created in January 1993 was developing a plan to provide universal health care for all Americans. It was said our free clinic would not be needed. The steering committee pushed on, The CARE Clinic opened in November 1993, and the highly debated universal health care bill was declared dead in September 1994.

Now, as we celebrate twenty years of successfully providing free health care services to low income, uninsured patients in our community, I am again being asked if there is a need for The CARE Clinic. Many believe the Affordable Care Act means everyone will be covered by insurance. Although some uninsured will be able to get insurance, many will be exempt from the requirement to purchase insurance because they do not have an affordable insurance option and they will remain uninsured. Already we are hearing from patients whose hours have been cut or they have been laid off as employers make adjustments needed to either avoid the requirement to provide insurance for their employees or to be able to pay for it.

Spouses are losing insurance as employers restrict coverage to only the employee. The need for The CARE Clinic will continue.

The last few years have been very challenging for non-profits as the economy has reduced the amount individuals, businesses, and even foundations are able to give as donations. In my role as Executive Director I work with other non-profits and see how many struggle just to stay open. Two free clinics in North Carolina have already closed this year and another has announced an impending closure due to lack of funding. Although continued funding is always a concern, The CARE Clinic recognizes and appreciates the wonderful community support we have had for the past twenty years. We are blessed with very dedicated volunteers, faithful donors, and committed board members who take their role as guardian of our mission very seriously. On behalf of our patients, I offer a heartfelt thank you to each of you for your support. Together we will continue to serve the health care needs of low income, uninsured adults in our community for as long as we are needed.

Cathy Ory
Executive Director



The Board of Directors

CORDIALLY INVITES YOU TO THE CARE CLINIC'S

20th Anniversary Banquet

In honor of all those who have supported
The CARE Clinic throughout the years



Saturday, November 16, 2013

6:00 - 8:00 p.m.

Snyder Memorial Baptist Church Fellowship Hall

Guest Speaker ~ Sister Jean Rhoads

Attire is business casual

RESERVATIONS ARE REQUIRED; SPACE IS LIMITED.

PLEASE RESPOND BY NOVEMBER 1ST

*by emailing projects@thecareclinic.org or
calling Gloria at (910) 485-0555.*

Instead of a charge for the dinner, donations to
The CARE Clinic's mission are appreciated.

FREE DENTAL CLINIC

The CARE Clinic, Better Health, and Operation Inasmuch co-hosted their second, very successful, NC Missions of Mercy Free Dental Clinic on July 26-27. Patients began to line up at 10 AM on Thursday, even before the trucks from MOM had arrived at the Agri-Expo Center to begin setting up the clinic. Once the clinic opened at 6:00 a.m. Friday morning, patients who qualified received x-rays, cleanings, fillings, extractions, front partials, or denture repair. By the time the clinic closed Saturday night, 855 patients had received free dental services valued at \$496,983, including 62 dental appliances made on-site during the event.

Once again our community showed tremendous volunteer spirit, with a total of 738 volunteers sharing their time and talents to help low income patients who have no other options for dental care receive the care they need. This included 353 community volunteers, 123 pre-dental students, and 262 dental professionals.

Sponsors included the North Carolina Dental Society, Florence Rogers Charitable Trust, Elliott Memorial Fund of St. John's Episcopal Church, Carolina Oral and Maxillofacial Surgery Center, Snyder Memorial Baptist Church, Loretta and Larry Welch, and the Cumberland Community Foundation Advised/Charitable Funds of: Marcia Gallina; Lynette S. Green & Michael R. Green; Eleanor B. Manning; and Sammy and Carol Short.

Thank you notes from the patients were taped to a wall so volunteers could see them as they took a well-deserved break. A small sampling of the letters is included in this newsletter. As you can see, the heartfelt notes from the grateful patients are very touching, but the volunteers said the hugs, thank yous, and tears of joy of the patients were the true reward and made the long day worthwhile.

AN ACTIVE RETIREMENT

I was brought to North Carolina with the Army Medical Corps in 1968. I served at Fort Bragg for two years and decided to start my own private practice in Fayetteville. That was one of the best decisions I have ever made! I worked in private practice from 1971 until I retired in 2009.

I have been volunteering with The CARE Clinic since 1993 and upon my retirement, decided I wanted to stay busy and volunteer on a more permanent basis. In September 2009 I began a clinic for chronic care patients every other Tuesday afternoon. I have enjoyed running this clinic immensely with the added bonus of not having to worry about earning a living while doing what I love to do! I have

one peculiar pleasure... I like to "fight" with my patients. I say this because all of them willingly follow my directions for a couple of days, then they slip back into their old habits. At their next visit, I find out how they tried, without much luck, to do as I instructed them and are now suffering the consequences of their illness. Nevertheless, I enjoy the contact with my patients and it gives me pleasure to find out that I have often been able to help them. I am going to continue working as long as I can, because this is the only thing I know how to do... be a doctor.

Henry Izurieta, MD

DENTAL CLINIC PATIENT COMMENTS

I have waited for 15 years to be able to get my teeth cleaned. I want to say a big THANK YOU. I am so grateful. I am so happy to have had this done. The woman who tended to my needs was so nice and explained everything to me and made sure I had the best care. Thanks again. I don't know how many times I can say it. This was a blessing. Thanks to all who helped make one of my dreams come true.

My mother searched for weeks looking for students in training/cheaper dental before finding out about this organization. We drove about 90 miles for her dental issues. Last minute I decided to join (just to give company while waiting) and decided to take advantage of the free dental services provided by your group/organization. It revealed I had a tooth that required dental extraction. BEST dental experience I EVER had!

Great work, great experience. Thank you very much. Believe it or not, this has changed my life. God bless you.

Great job. I can now smile again. Thank you! I haven't been to a dentist in 7 years!

Got here on Friday at 2 AM. I did get work done that I otherwise couldn't afford due to a lack of insurance since job lay off. Please keep doing this.

It was the best dental experience of my life. The dentists were friendly, fast and competent. I felt like he cared, which is important.

The organization was awesome! Dentist and dental student pulled 23 teeth and were very reassuring. Volunteers took good care of everything. Very efficient.

It was wonderful being able to come and get free dental care that I couldn't afford. Everyone was really nice.

This is an excellent and wonderful thing that is taking place here. Everyone is so nice, professional, and courteous. I will be coming back and plan on volunteering next go round! Thank you and everyone so much. You've made my life so much more fulfilling, especially my smile!

It took 3 minutes to solve my problem (infected tooth) I had for 2 months. I am so happy. Thank you very much. I appreciate it very much.

The two girls that worked on me were great. I have not had work done

in 12 years. Thank you all for your time and services. This was a true blessing due to my low income. Everyone was so nice and knowledgeable. Thank you.

I really think this is a great program. I was laid off and have no insurance so this is great.

The service was outstanding. Keep up the good work for those of us that really need it and may God bless each and every one of you.

I am very grateful for the service of NCMOM. I feel like a million bucks! Thanks a lot. May God forever bless your group for your care.

The clinic was absolutely awesome, I was treated with respect and all of your staff made me feel so comfortable and welcome. I almost didn't want to leave! Thank you to all of you for your time and efforts.

My visit was super great. Everyone was nice and great to me. The dentist was patient and very great, also his assistants. Thank you very, very, very much. Without everyone I'd still have toothaches.

Loved the person who cleaned my teeth and now my smile is as bright as the stars at night.

I came in scared to ever go to a dentist and I'm leaving with a totally different opinion. Everyone was nice, cheerful, and very caring. Thank you so much.

This has been an awesome experience for me. I had my teeth cleaned and got some good advice about my teeth. I appreciate the time and effort that everyone has put into this project. It is nice to know that so many people care about the health of others. Everyone has been so nice, and very helpful. If I need to come again it is great to know that the services are available. I have health issues, so it was great to get drinks and snacks while we waited. You are so wonderful to provide these services. I can't thank you enough.



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Contributions received from July 1 – Sept 15, 2013. Donors are reported on a cumulative basis since the formation of The CARE Clinic. This more accurately reflects the generosity of our Samaritans. The CARE Clinic appreciates your notification of misprints or omissions and apologizes for any error.

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First Citizens Bank
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Mrs. Marcia E. Gallina
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Kiwanis Club of Cape Fear
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Samaritan of Stewardship (\$50,000 - \$99,999)

Snyder Memorial Baptist Church

Samaritan of Treasure (\$100,000 - \$249,999)

CARE Patients
Combined Federal Campaign
North Carolina Association of Free Clinics
St Elizabeth Ann Seton Catholic Church

The CARE Clinic
 239 Robeson St.
 PO Box 53438
 Fayetteville, NC 28305-3438
 (910) 485-0555/(910) 485-0111 Fax
 email: care@thecareclinic.org
 web page: www.thecareclinic.org

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20th Anniversary Commemorative Issue!
See inside for stories & Banquet Invitation

July 1 - September 15, 2013 Statistics

Primary Care Visits.....	613	Nutrition Visits	6
Dental Visits	206	Referrals/Diagnostic Tests.....	99
Prescription	1,679	Chiropractic Visits.....	10
Lab Test.....	533	Social Worker Visits	48
Medication Access & Review Program (MARP) Medications Received.....			52
Total Encounters			3,246
Cost per Patient Sponsorship.....			\$75.00

